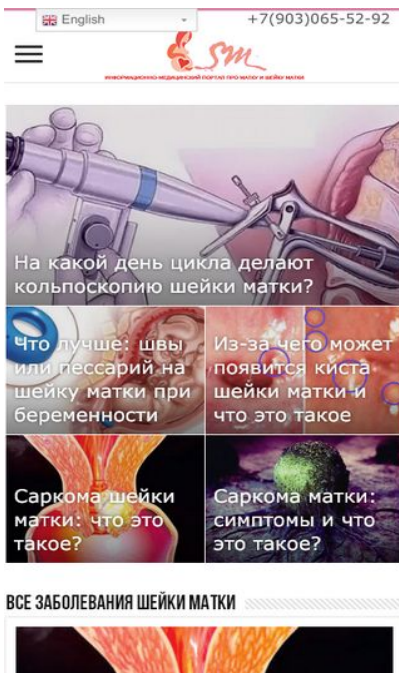


PageSpeed Insights

Mobile



53 / 100 Speed

Should Fix:

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

[Leverage browser caching](#) for the following cacheable resources:

- <https://docdoc.ru/widget/js> (expiration not specified)
- https://docdoc.ru/widget/widgets_v2.js (expiration not specified)
- <https://newrrb.bid/24mo6.json> (expiration not specified)
- <https://select5.olddrb.bid/push-get> (expiration not specified)
- <https://site.yandex.net/v2.0/i/yandex-hint-rb.png> (expiration not specified)
- <https://newrrb.bid/24mo6.min.js> (5 minutes)

Mobile

- https://translate.googleapis.com/translate_a/t?anno=3&client=te&format=html&v=1.0&key&logId=vTE_20200506_00&sl=ru&tl=en&sp=nmt&tc=1&tk=733724.888483&mode=1 (10 minutes)
- https://translate.googleapis.com/translate_a/t?anno=3&client=te&format=html&v=1.0&key&logId=vTE_20200506_00&sl=ru&tl=en&sp=nmt&tc=2&tk=244047.329200&mode=1 (10 minutes)
- <https://www.googletagmanager.com/gtag/js?id=UA-116569994-1> (15 minutes)
- <https://tpc.googlesyndication.com/sodar/sodar2.js> (50 minutes)
- <https://www.googletagservices.com/activeview/js/current/osd.js?cb=%2Fr20100101> (50 minutes)
- <https://mc.yandex.ru/metrika/advert.gif> (60 minutes)
- <https://mc.yandex.ru/metrika/tag.js> (60 minutes)
- <https://pagead2.googlesyndication.com/pagead/js/adsbygoogle.js> (60 minutes)
- https://translate.googleapis.com/translate_static/css/translateelement.css (60 minutes)
- https://translate.googleapis.com/translate_static/js/element/main.js (60 minutes)
- <https://yastatic.net/pcode-native/loaders/loader.js> (60 minutes)
- <https://www.google-analytics.com/analytics.js> (2 hours)
- <https://sjsmartcontent.org/static/plugin-site/js/sjplugin.js> (5 hours)
- <https://site.yandex.net/v2.0/js/all.js> (6 hours)
- <https://site.yandex.net/v2.0/js/opensearch.js> (6 hours)
- <https://site.yandex.net/v2.0/js/suggest.js> (6 hours)

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 12 blocking CSS resources. This causes a delay in rendering your page.

Approximately 33% of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Optimize CSS Delivery](#) of the following:

- <https://sheika-matka.ru/wp-content/plugins/yet-another-related-posts-plugin/style/widget.css>

Mobile

- <https://sheika-matka.ru/wp-content/plugins/gtranslate/gtranslate-style24.css>
- <https://sheika-matka.ru/wp-includes/css/dist/block-library/style.min.css>
- https://sheika-matka.ru/wp-content/plugins/autors-by-webnavoz/css/autors-style.css?1_602
- <https://sheika-matka.ru/wp-content/plugins/expert-review/assets/public/css/styles.min.css>
- <https://sheika-matka.ru/wp-includes/css/dashicons.min.css>
- <https://sheika-matka.ru/wp-content/plugins/post-views-counter/css/frontend.css>
- <https://sheika-matka.ru/wp-content/plugins/wp-polls/polls-css.css>
- <https://sheika-matka.ru/wp-content/plugins/wp-postratings/css/postratings-css.css>
- <https://sheika-matka.ru/wp-content/themes/sahifa/style.css>
- https://sheika-matka.ru/wp-content/themes/sahifa_child/style.css
- <https://sheika-matka.ru/wp-content/themes/sahifa/css/lightbox/light-skin/skin.css>

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 403.2KiB (42% reduction).

- Compressing and resizing <https://sheika-matka.ru/wp-content/uploads/2017/09/nastoy-oduvanchika-dlya-lecheniya-kisty-sheiki-480x330.jpg> could save 41.2KiB (94% reduction).
- Compressing and resizing https://sheika-matka.ru/wp-content/uploads/2019/02/1438465_935xp.jpg could save 16.6KiB (96% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/udalenie-konusnogo-uchastka.jpg> could save 14.3KiB (32% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/udalenie-konusnogo-uchastka.jpg> could save 14.3KiB (32% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/udalenie-konusnogo-uchastka.jpg> could save 14.3KiB (32% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/endometrioidnaya-nabotova-kisty-600x330.jpg> could save 12.5KiB (28% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-cyst->

Mobile

- preview-310x165.jpg could save 12.3KiB (55% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/endometriosis-second-level-preview-310x165.jpg> could save 11.6KiB (53% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-blood-preview.jpg> could save 10.8KiB (42% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-blood-preview.jpg> could save 10.8KiB (42% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-blood-preview.jpg> could save 10.8KiB (42% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/papaverin-preview-310x165.jpg> could save 10.5KiB (53% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/endometriosis-hormonal-preview-310x165.jpg> could save 10.1KiB (57% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/02/endometriosis-preview-310x165.jpg> could save 9.9KiB (57% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/06/endometriosis-operation-preview-310x165.jpg> could save 9.9KiB (55% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/06/cervix-byo-preview-310x165.jpg> could save 9.7KiB (54% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/female-male-preview.jpg> could save 9.3KiB (20% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/female-male-preview.jpg> could save 9.3KiB (20% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/female-male-preview.jpg> could save 9.3KiB (20% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/02/endometriosis-prev-310x165.jpg> could save 9.3KiB (53% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/02/adenocarcinoma-preview-110x75.jpg> could save 9.1KiB (81% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/papaverin-preview-110x75.jpg> could save 8.7KiB (78% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview.jpg> could save 8.6KiB (28% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview.jpg> could save 8.6KiB (28% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview.jpg> could save 8.6KiB (28% reduction).

Mobile

- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/cervix-can-preview-110x75.jpg> could save 8.4KiB (82% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview-110x75.jpg> could save 8.2KiB (81% reduction).
- Compressing and resizing <https://sheika-matka.ru/wp-content/uploads/2018/12/telegram.png> could save 8.1KiB (92% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/endometriosis-cure-preview-310x165.jpg> could save 8.1KiB (58% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/endometriosis-hormonal-preview-110x75.jpg> could save 7.9KiB (81% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/pregnancy-preview-110x75.jpg> could save 7.5KiB (78% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/endometriosis-cure-preview-110x75.jpg> could save 6.9KiB (80% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/displasia-preview-110x75.jpg> could save 6.4KiB (79% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/cervical-erosion-preview-300x205.jpg> could save 4.2KiB (36% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/04/gomeopatiya-i-endometrioz-310x165.jpg> could save 4.1KiB (22% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/06/cervix-byo-preview-300x207.jpg> could save 4KiB (36% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/41-week-pregnancy-preview-300x202.jpg> could save 4KiB (37% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/sarkoma-shejki-matki-300x165.jpg> could save 3.8KiB (28% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/ca-125-preview-310x165.jpg> could save 3.3KiB (26% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/endometrioidnaya-nabotova-kisty-110x75.jpg> could save 1.8KiB (40% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/03/ginekolog-eto-110x75.jpg> could save 1.5KiB (39% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/displasia-can-preview-310x165.jpg> could save 1.2KiB (16% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/ovarian-endometriosis-preview-310x165.jpg> could save 1.1KiB (17% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/diagnostika-displazii-pri-beremennosti-110x75.jpg> could save 1.1KiB (27% reduction).

Mobile

- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/09/laboratornie-analyzi-110x75.jpg> could save 1.1KiB (29% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/01/punkcionnaya-biopsiya-110x75.jpg> could save 940B (26% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/ca-125-preview-110x75.jpg> could save 861B (25% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/08/citologicheskii-analiz-110x75.jpg> could save 848B (24% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/02/displaziya-sheiki-matki-3-stepeni-110x75.jpg> could save 792B (25% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/10/prichiny-miomy-110x75.jpg> could save 780B (26% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/12/2-vida-polipov-v-matke-110x75.jpg> could save 769B (23% reduction).
- Compressing https://translate.googleapis.com/translate_static/img/te_bk.gif could save 683B (80% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/04/mehanizm-poyavleniya-kisty-110x75.jpg> could save 674B (27% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/adenomiosis-preview-110x75.jpg> could save 665B (22% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/02/polip-sheiki-matki-i-kanala-110x75.jpg> could save 654B (29% reduction).
- Compressing https://translate.googleapis.com/translate_static/img/te_ctrl3.gif could save 591B (42% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/08/prepedil-gel-110x75.jpg> could save 419B (24% reduction).
- Compressing https://sheika-matka.ru/wp-content/plugins/wp-postratings/images/stars_crystal/rating_over.gif could save 365B (37% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/02/boli-v-jivote-110x75.jpg> could save 311B (14% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/08/867681ee3a829d3aa1efe70fff9eaae6-110x75.jpg> could save 252B (14% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/08/vakcinaciya-protiv-raka-sheiki-matki-110x75.jpg> could save 249B (11% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/09/udalenie-kisty-sheiki-matki-110x75.jpg> could save 249B (14% reduction).

Mobile

- Compressing https://sheika-matka.ru/wp-content/plugins/gtranslate/arrow_down.png could save 122B (58% reduction).
- Compressing <https://sheika-matka.ru/wp-content/plugins/gtranslate/flags/16/en.png> could save 102B (15% reduction).



Consider Fixing:

Minify CSS

Compacting CSS code can save many bytes of data and speed up download and parse times.

[Minify CSS](#) for the following resources to reduce their size by 4.4KiB (12% reduction).

- Minifying <https://sheika-matka.ru/wp-content/themes/sahifa/style.css> could save 3.8KiB (11% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/plugins/wp-postratings/css/postratings-css.css> could save 228B (55% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/plugins/wp-polls/polls-css.css> could save 217B (31% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/themes/sahifa/css/ilightbox/light-skin/skin.css> could save 147B (12% reduction) after compression.

Minify JavaScript

Compacting JavaScript code can save many bytes of data and speed up downloading, parsing, and execution time.

[Minify JavaScript](#) for the following resources to reduce their size by 94.4KiB (47% reduction).

- Minifying https://docdoc.ru/widget/widgets_v2.js could save 90.5KiB (48% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/plugins/rb-8303-git/asyncBlockInserting.js> could save 2.8KiB (32% reduction) after compression.

Mobile

- Minifying <https://sheika-matka.ru/wp-content/themes/sahifa/js/search.js> could save 706B (20% reduction) after compression.
- Minifying <https://docdoc.ru/widget/js> could save 408B (28% reduction) after compression.



5 Passed Rules

Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Enable compression

You have compression enabled. Learn more about [enabling compression](#).

Reduce server response time

Your server responded quickly. Learn more about [server response time optimization](#).

Minify HTML

Your HTML is minified. Learn more about [minifying HTML](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible content](#).

99 / 100 User Experience



Consider Fixing:

Size tap targets appropriately

Some of the links/buttons on your webpage may be too small for a user to easily tap on a touchscreen. Consider [making these tap targets larger](#) to provide a better user experience.

The following tap targets are close to other nearby tap targets and may need additional spacing around them.

- The tap target `Все о цервиците шейки матки` and 3 others are close to other tap targets.
- The tap target `English` is close to 1 other tap targets final.



4 Passed Rules

Avoid plugins

Your page does not appear to use plugins, which would prevent content from being usable on many platforms. Learn more about the importance of [avoiding plugins](#).

Configure the viewport

Your page specifies a viewport matching the device's size, which allows it to render properly on all devices. Learn more about [configuring viewports](#).

Size content to viewport

The contents of your page fit within the viewport. Learn more about [sizing content to the viewport](#).

Use legible font sizes

The text on your page is legible. Learn more about [using legible font sizes](#).

Mobile

Desktop



61 / 100 Speed

! Should Fix:

Leverage browser caching

Setting an expiry date or a maximum age in the HTTP headers for static resources instructs the browser to load previously downloaded resources from local disk rather than over the network.

[Leverage browser caching](#) for the following cacheable resources:

- <https://docdoc.ru/widget/js> (expiration not specified)
- https://docdoc.ru/widget/widgets_v2.js (expiration not specified)
- <https://newrrb.bid/24mo6.json> (expiration not specified)
- <https://select4.olddrb.bid/push-get> (expiration not specified)
- <https://site.yandex.net/v2.0/i/yandex-hint-rb.png> (expiration not specified)
- <https://newrrb.bid/24mo6.min.js> (5 minutes)
- https://translate.googleapis.com/translate_a/t?anno=3&client=te&format=html&v=1.0&key&logId=vTE_20200506_00&sl=ru&tl=en&sp=nmt&tc=1&tk=31961.442470&mode=1 (10 minutes)
- https://translate.googleapis.com/translate_a/t?anno=3&client=te&format=html&v=1.0&key&logId=vTE_20200506_00&sl=ru&tl=en&sp=nmt&tc=2&tk=428545.14014&mode=1 (10 minutes)

Desktop

- https://translate.googleapis.com/translate_a/t?anno=3&client=te&format=html&v=1.0&key&logId=vTE_20200506_00&sl=ru&tl=en&sp=nmt&tc=3&tk=988977.633742&mode=1 (10 minutes)
- <https://www.googletagmanager.com/gtag/js?id=UA-116569994-1> (15 minutes)
- <https://tpc.googlesyndication.com/sodar/sodar2.js> (50 minutes)
- <https://www.googletagservices.com/activeview/js/current/osd.js?cb=%2Fr20100101> (50 minutes)
- <https://mc.yandex.ru/metrika/advert.gif> (60 minutes)
- <https://mc.yandex.ru/metrika/tag.js> (60 minutes)
- <https://pagead2.googlesyndication.com/pagead/js/adsbygoogle.js> (60 minutes)
- https://translate.googleapis.com/translate_static/css/translateelement.css (60 minutes)
- https://translate.googleapis.com/translate_static/js/element/main.js (60 minutes)
- <https://yastatic.net/pcode-native/loaders/loader.js> (60 minutes)
- <https://www.google-analytics.com/analytics.js> (2 hours)
- <https://sjsmartcontent.org/static/plugin-site/js/sjplugin.js> (5 hours)
- <https://site.yandex.net/v2.0/js/all.js> (6 hours)
- <https://site.yandex.net/v2.0/js/opensearch.js> (6 hours)
- <https://site.yandex.net/v2.0/js/suggest.js> (6 hours)

Optimize images

Properly formatting and compressing images can save many bytes of data.

[Optimize the following images](#) to reduce their size by 388.9KiB (41% reduction).

- Compressing and resizing https://sheika-matka.ru/wp-content/uploads/2019/02/1438465_935xp.jpg could save 16.6KiB (96% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/udalenie-konusnogo-uchastka.jpg> could save 14.3KiB (32% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/udalenie-konusnogo-uchastka.jpg> could save 14.3KiB (32% reduction).

Desktop

- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/udalenie-konusnogo-uchastka.jpg> could save 14.3KiB (32% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/endometrioidnaya-nabotova-kisty-600x330.jpg> could save 12.5KiB (28% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-cyst-preview-310x165.jpg> could save 12.3KiB (55% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/endometriosis-second-level-preview-310x165.jpg> could save 11.6KiB (53% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-blood-preview.jpg> could save 10.8KiB (42% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-blood-preview.jpg> could save 10.8KiB (42% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/cervix-blood-preview.jpg> could save 10.8KiB (42% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/papaverin-preview-310x165.jpg> could save 10.5KiB (53% reduction).
- Compressing and resizing https://sheika-matka.ru/wp-content/uploads/2020/04/copywriting_295.jpg could save 10.3KiB (85% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/endometriosis-hormonal-preview-310x165.jpg> could save 10.1KiB (57% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/02/endometriosis-preview-310x165.jpg> could save 9.9KiB (57% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/06/endometriosis-operation-preview-310x165.jpg> could save 9.9KiB (55% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/06/cervix-byo-preview-310x165.jpg> could save 9.7KiB (54% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/female-male-preview.jpg> could save 9.3KiB (20% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/female-male-preview.jpg> could save 9.3KiB (20% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/female-male-preview.jpg> could save 9.3KiB (20% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/02/endometriosis-prev-310x165.jpg> could save 9.3KiB (53% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/02/adenocarcinoma-preview-110x75.jpg> could save 9.1KiB (81% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/papaverin->

Desktop

- preview-110x75.jpg could save 8.7KiB (78% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview.jpg> could save 8.6KiB (28% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview.jpg> could save 8.6KiB (28% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview.jpg> could save 8.6KiB (28% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/cervix-can-preview-110x75.jpg> could save 8.4KiB (82% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/tassels-on-the-cervix-preview-110x75.jpg> could save 8.2KiB (81% reduction).
 - Compressing and resizing <https://sheika-matka.ru/wp-content/uploads/2018/12/telegram.png> could save 8.1KiB (92% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/endometriosis-cure-preview-310x165.jpg> could save 8.1KiB (58% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/cervical-erosion-preview-110x75.jpg> could save 8KiB (79% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/06/cervix-byo-preview-110x75.jpg> could save 8KiB (80% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/endometriosis-hormonal-preview-110x75.jpg> could save 7.9KiB (81% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/41-week-pregnancy-preview-110x75.jpg> could save 7.7KiB (80% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/pregnancy-preview-110x75.jpg> could save 7.5KiB (78% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/04/endometriosis-cure-preview-110x75.jpg> could save 6.9KiB (80% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/displasia-preview-110x75.jpg> could save 6.4KiB (79% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2018/04/gomeopatiya-i-endometrioz-310x165.jpg> could save 4.1KiB (22% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/sarkoma-shejki-matki-300x165.jpg> could save 3.8KiB (28% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/sarkoma-matki-1-310x165.jpg> could save 3.7KiB (23% reduction).
 - Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/ca-125-preview-310x165.jpg> could save 3.3KiB (26% reduction).

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- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/04/endometrioidnaya-nabotova-kisty-110x75.jpg> could save 1.8KiB (40% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/03/ginekolog-eto-110x75.jpg> could save 1.5KiB (39% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/09/nastoy-oduvanchika-dlya-lecheniya-kisty-sheiki-110x75.jpg> could save 1.2KiB (31% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/displasia-can-preview-310x165.jpg> could save 1.2KiB (16% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/03/ovarian-endometriosis-preview-310x165.jpg> could save 1.1KiB (17% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/03/diagnostika-displazii-pri-beremennosti-110x75.jpg> could save 1.1KiB (27% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/09/laboratornie-analyzi-110x75.jpg> could save 1.1KiB (29% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/01/punkcionnaya-biopsiya-110x75.jpg> could save 940B (26% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/ca-125-preview-110x75.jpg> could save 861B (25% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/08/citologicheskii-analiz-110x75.jpg> could save 848B (24% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/02/displaziya-sheiki-matki-3-stepeni-110x75.jpg> could save 792B (25% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/10/prichiny-miomy-110x75.jpg> could save 780B (26% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/12/2-vida-polipov-v-matke-110x75.jpg> could save 769B (23% reduction).
- Compressing https://translate.googleapis.com/translate_static/img/te_bk.gif could save 683B (80% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/04/mehanizm-poyavleniya-kisty-110x75.jpg> could save 674B (27% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2019/05/adenomiosis-preview-110x75.jpg> could save 665B (22% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/02/polip-sheiki-matki-i-kanala-110x75.jpg> could save 654B (29% reduction).
- Compressing https://translate.googleapis.com/translate_static/img/te_ctrl3.gif could save 591B (42% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/08/prepedil-gel-110x75.jpg> could save 419B (24% reduction).

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- Compressing https://sheika-matka.ru/wp-content/plugins/wp-postratings/images/stars_crystal/rating_over.gif could save 365B (37% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2020/02/boli-v-jivote-110x75.jpg> could save 311B (14% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/08/867681ee3a829d3aa1efe70fff9eaae6-110x75.jpg> could save 252B (14% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/08/vakcinaciya-protiv-raka-sheiki-matki-110x75.jpg> could save 249B (11% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2017/09/udalenie-kisty-sheiki-matki-110x75.jpg> could save 249B (14% reduction).
- Compressing <https://sheika-matka.ru/wp-content/uploads/2018/02/zelenie-vydeleniya-110x75.jpg> could save 231B (12% reduction).
- Compressing https://sheika-matka.ru/wp-content/plugins/gtranslate/arrow_down.png could save 122B (58% reduction).
- Compressing <https://sheika-matka.ru/wp-content/plugins/gtranslate/flags/16/en.png> could save 102B (15% reduction).

Consider Fixing:

Minify CSS

Compacting CSS code can save many bytes of data and speed up download and parse times.

[Minify CSS](#) for the following resources to reduce their size by 4.4KiB (12% reduction).

- Minifying <https://sheika-matka.ru/wp-content/themes/sahifa/style.css> could save 3.8KiB (11% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/plugins/wp-postratings/css/postratings-css.css> could save 228B (55% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/plugins/wp-polls/polls-css.css> could save 217B (31% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/themes/sahifa/css/ilightbox/light-skin/skin.css> could save 147B (12% reduction) after compression.

Minify JavaScript

Compacting JavaScript code can save many bytes of data and speed up downloading, parsing, and execution time.

[Minify JavaScript](#) for the following resources to reduce their size by 94.4KiB (47% reduction).

- Minifying https://docdoc.ru/widget/widgets_v2.js could save 90.5KiB (48% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/plugins/rb-8303-git/asyncBlockInserting.js> could save 2.8KiB (32% reduction) after compression.
- Minifying <https://sheika-matka.ru/wp-content/themes/sahifa/js/search.js> could save 706B (20% reduction) after compression.
- Minifying <https://docdoc.ru/widget/js> could save 408B (28% reduction) after compression.

Eliminate render-blocking JavaScript and CSS in above-the-fold content

Your page has 12 blocking CSS resources. This causes a delay in rendering your page.

Approximately 38% of the above-the-fold content on your page could be rendered without waiting for the following resources to load. Try to defer or asynchronously load blocking resources, or inline the critical portions of those resources directly in the HTML.

[Optimize CSS Delivery](#) of the following:

- <https://sheika-matka.ru/wp-content/plugins/yet-another-related-posts-plugin/style/widget.css>
- <https://sheika-matka.ru/wp-content/plugins/gtranslate/gtranslate-style24.css>
- <https://sheika-matka.ru/wp-includes/css/dist/block-library/style.min.css>
- https://sheika-matka.ru/wp-content/plugins/autors-by-webnavoz/css/autors-style.css?1_602
- <https://sheika-matka.ru/wp-content/plugins/expert-review/assets/public/css/styles.min.css>
- <https://sheika-matka.ru/wp-includes/css/dashicons.min.css>

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- <https://sheika-matka.ru/wp-content/plugins/post-views-counter/css/frontend.css>
- <https://sheika-matka.ru/wp-content/plugins/wp-polls/polls-css.css>
- <https://sheika-matka.ru/wp-content/plugins/wp-postratings/css/postratings-css.css>
- <https://sheika-matka.ru/wp-content/themes/sahifa/style.css>
- https://sheika-matka.ru/wp-content/themes/sahifa_child/style.css
- <https://sheika-matka.ru/wp-content/themes/sahifa/css/ilightbox/light-skin/skin.css>



5 Passed Rules

Avoid landing page redirects

Your page has no redirects. Learn more about [avoiding landing page redirects](#).

Enable compression

You have compression enabled. Learn more about [enabling compression](#).

Reduce server response time

Your server responded quickly. Learn more about [server response time optimization](#).

Minify HTML

Your HTML is minified. Learn more about [minifying HTML](#).

Prioritize visible content

You have the above-the-fold content properly prioritized. Learn more about [prioritizing visible content](#).

Desktop

